

SHANNON'S BRIDGE

ANNUAL
REPORT

2019 / 2020



Shannon's
Bridge



ACKNOWLEDGEMENT

Shannon's Bridge Limited is supported by the Victorian Government through DHHS



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MISSION

Shannon's Bridge is a not for profit volunteer focused charity to help connect patients and existing palliative care services and supports.

We are here to support you with issues about illness, dying and loss. The aim is to remove the taboo and change attitudes about death and dying. The focus is on not just a “good death” but “better living”.

Shannon’s Bridge is based on the “Compassionate Communities” international movement to help people to live well within our communities to the very end of our lives.

A Compassionate Community is one that acknowledges that care for one another at times of crisis and loss is not solely a task for health and social services but is everyone’s responsibility.

CONSTITUTIONAL OBJECTIVES

The company is established to be a charity whose purpose is to advance social or public welfare by:

- Improving literacy on death amongst the public,
- Assisting people with Advance Care Plans in transition to their death,
- Linking patients and families with existing palliative care services and supports,
- Training volunteers to provide practical help to the public, patients, carers and their families,
- To promote the education of the public with the transition from life to death.
- To assist people with terminal illnesses and their families and carers in such ways that provide relief from their suffering.





HISTORY

Shannon McKnight was diagnosed with acute lymphoid leukaemia when she was 17. She spent the next two years in hospitals, having intensive treatments. When treatments no longer worked, Shannon just wanted to go home and watch the thunderstorms roll in across the paddocks.

This is where she wanted to be.

Unfortunately, there wasn't after-hours access to specialist palliative care support where Shannon lived with her family. Connecting the Shannon with services was vital to help make her wish of staying home a reality.

Shannon's Bridge is named in her honour.

We believe that everyone should have access to excellent palliative care no matter where they live.

Living with a terminal illness can be very difficult. It can be hard to do the ordinary, everyday things, think about appointments or juggle the demands of caring for a loved one. There can be very little left over for the Carers to care for themselves

People want to help, but are often unsure how. **Shannon's Bridge** trains volunteers to assist with arranging social and practical support to people living with end of life issues.



OUR TEAM

DIRECTORS



Jeremy
McKnight



Dr Claire
Hepper



Dr Allison
O'Neill



Bree
Nurse



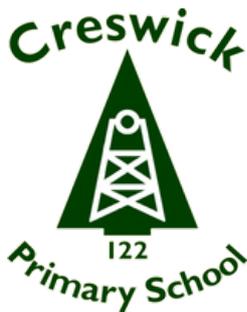
Suzanne
Cooke

TEAM

SUPPORTERS



ALFREDTON
ROTARY



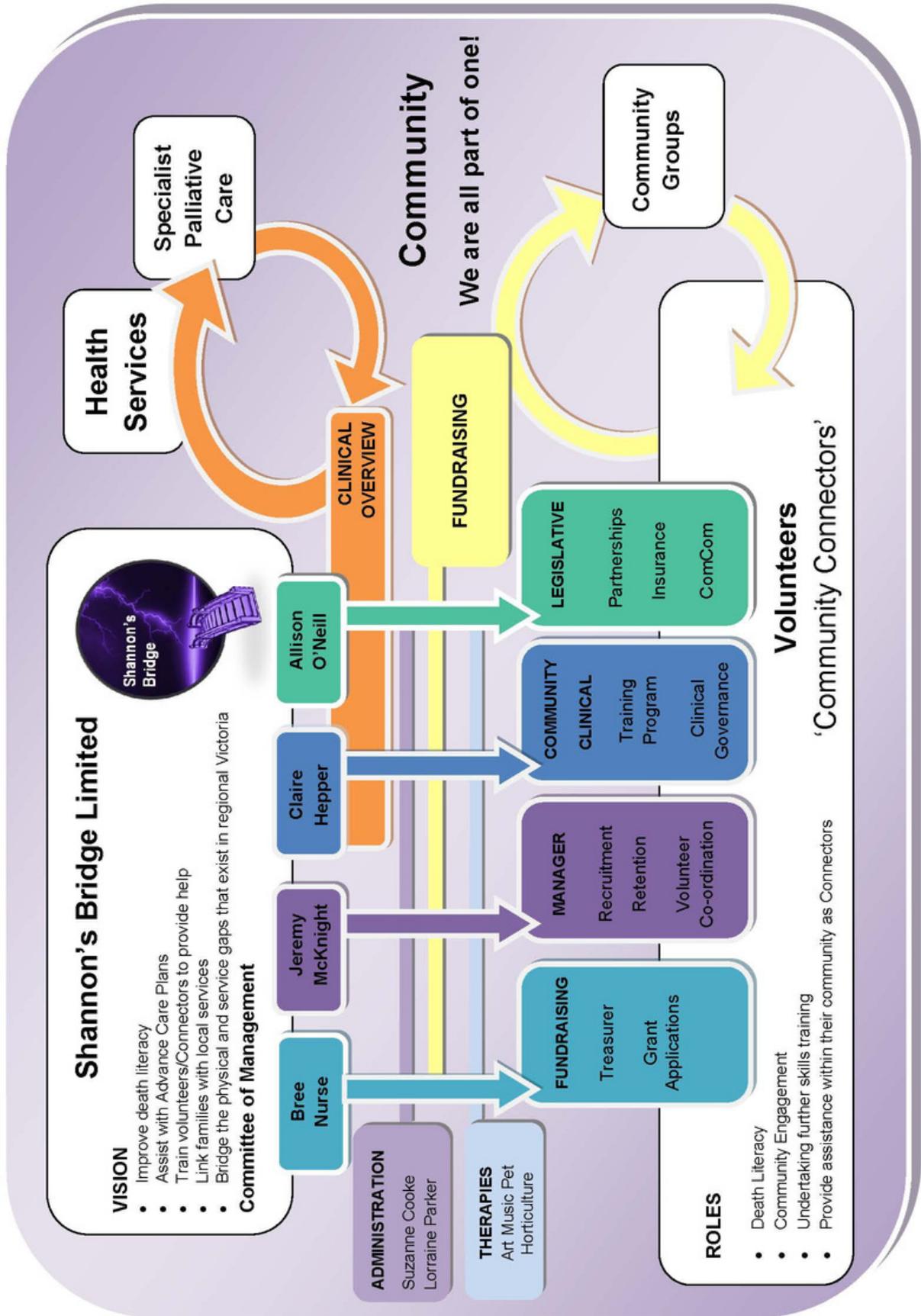
HANDS ON
LEARNING PROGRAM



OUR VOLUNTEERS

SHANNON'S BRIDGE DOES NOT
WORK WITHOUT OUR
FANTASTIC VOLUNTEERS

GOVERNANCE





A YEAR OF CHALLENGE

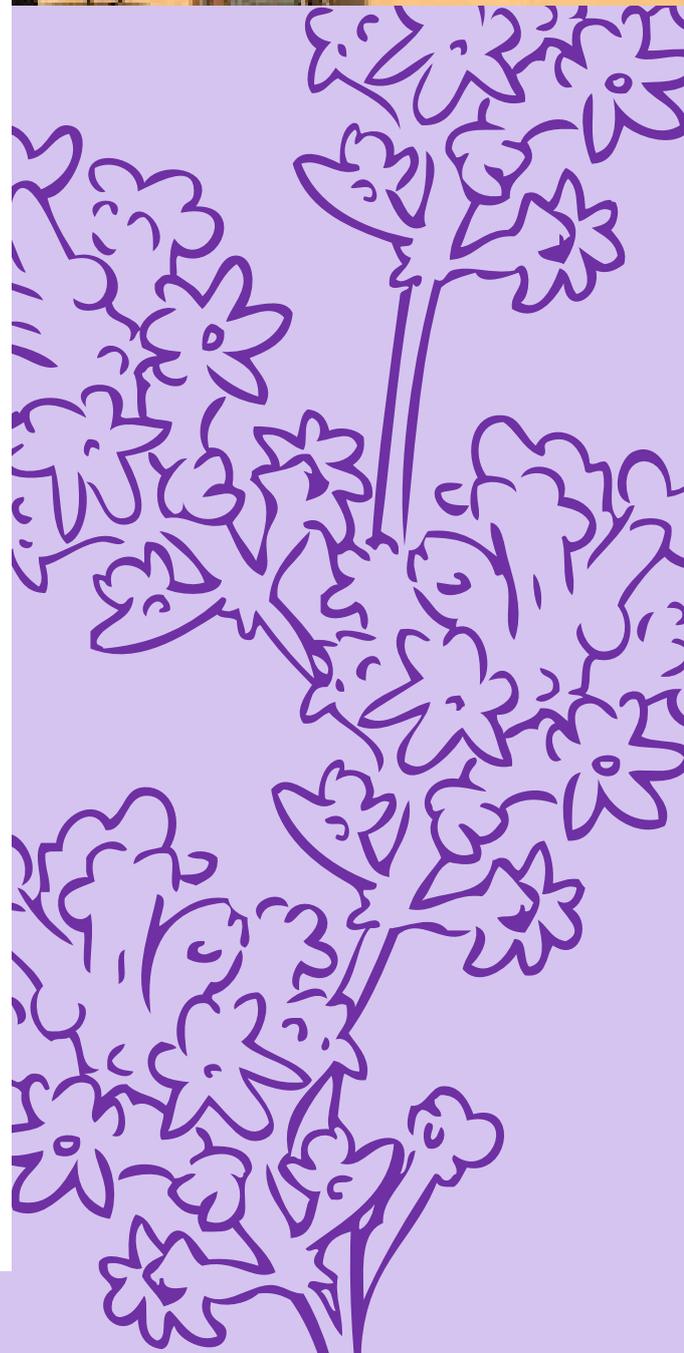
The year of 2020 will be remembered by many for the worldwide impact of COVID-19. It certainly impacted how Shannon's Bridge was able to run events and face-to-face activities at the End of Life Care Hub in Creswick. However the community need for Shannon's Bridge did not diminish - in fact the team have been vital throughout lockdown and extremely busy.

The impact of COVID restrictions on the community will be the only time a majority of people will get to experience how some people live for their whole life. Isolation can be a daily occurrence for people dealing with end of life issues or struggling with grief. Perhaps the most important lesson for 2020 is in compassion and by recognising that isolation is not limited to COVID.

I would also like to acknowledge the invaluable contribution of two founding members of the charity - Belinda McKnight and Dr Allison O'Neill. Along with the wonderful Nalina Phillips and Jo Dalton, these Directors helped shape and expand the work that we can do.

In the last 12 months, Shannon's Bridge has supported more people and families than ever before and we have done it with the help and support of our volunteers. From grief counselling to providing equipments, massages Art and Music Therapy - this only works when we all work together. Thank you for a challenging but rewarding year.

Jeremy McKnight





"A TO Z" ART THERAPY TO ZOOM

The past 12 months are study of opposites and feel unconnected in many ways. From presenting a workshop at the Public Health Palliative Care International Conference in October 2019, a sell-out *Dios de Los Muertos* dinner at the American Hotel in November and a thriving buzz at the End of Life Care Hub, we transitioned to connecting via digital means, no hugs and minimal contact with our beautiful volunteer team.

However, there is a clear link between these extremes. The compassion to walk with someone during their personal and private tragedies remains strong.

We have had new volunteers step up to help with doorway drop offs and collections during COVID lockdown, making 'Gowns of Doctors' and facemasks, virtual art and music therapy sessions delivered. As a team we have connected and worked with more organisations than previous years. We have kept focused on ensuring access to excellent end of life care - no matter where someone lives and I am so proud of our team and what we have achieved, together

Dr. Claire Hepper

FINANCIALS

Shannon's Bridge Limited

ABN 68 615 831 742



Statement of Financial Position

As At 30 June 2020

	2020	2019
	\$	\$
ASSETS		
CURRENT ASSETS	1,807,177	2,226,341
Cash and cash equivalents	10,690	10,066
Trade and other receivables		
TOTAL CURRENT ASSETS	<u>1,817,867</u>	<u>2,236,407</u>
NON-CURRENT ASSETS	22,489	20,438
Property, plant and equipment	85,833	-
Right-of-use assets		
TOTAL NON-CURRENT ASSETS	<u>108,322</u>	<u>20,438</u>
TOTAL ASSETS	<u>1,926,189</u>	<u>2,256,845</u>
LIABILITIES		
CURRENT LIABILITIES	28,266	-
Lease liabilities	17,608	22,509
Trade and other payables	1,498,439	2,031,015
Other financial liabilities	10,229	3,191
Employee benefits		
TOTAL CURRENT LIABILITIES	<u>1,554,542</u>	<u>2,056,715</u>
NON-CURRENT LIABILITIES	59,719	-
Lease liabilities	1,494	617
Employee benefits		
TOTAL NON-CURRENT LIABILITIES	<u>61,213</u>	<u>617</u>
TOTAL LIABILITIES	<u>1,615,755</u>	<u>2,057,332</u>
NET ASSETS	<u>310,434</u>	<u>199,513</u>
EQUITY	310,434	199,513
Retained earnings		
TOTAL EQUITY	<u>310,434</u>	<u>199,513</u>

FINANCIALS

Shannon's Bridge Limited

ABN 68 615 831 742

Statement of Profit or Loss and Other Comprehensive Income For the Year Ended 30 June 2020

	2020	2019
	\$	\$
Government funding and other income	612,114	567,790
Client services - consumables	(35,984)	(34,330)
Client services - purchases	(12,606)	(34,096)
Consultancy	(127,458)	(60,558)
Depreciation	(37,921)	(8,160)
Employee benefits expense	(216,033)	(172,598)
Other operating expenses	(67,441)	(135,722)
Finance expenses	(3,750)	-
Profit before income tax	110,921	122,326
Income tax expense	-	-
Profit for the year	110,921	122,326
Other comprehensive income for the year, net of tax	-	-
Total comprehensive income for the year	110,921	122,326

FULL FINANCIAL STATEMENTS ARE AVAILABLE
ON REQUEST AND ON THE CHARITY WEBSITE
shannonsbridge.com

ACTIVITY SNAPSHOT

**To help people with end of life care needs
related to caring, dying or grieving, our team...**

loaned out 121 pieces of equipment to 33 families and 4 health organisations.

Total value = \$60,347

donated 405 pieces of equipment to 9 organisations

Total value = \$462,910

provided 81 hours of day-to-day assistance

provided 40 hours of home modification and gardening.

provided transport for 32 clients (60 hours)

provided 150 hours of respite to Carers

provided Grief and Bereavement support and counselling to 66 families (168 hours).

trained 107 more Volunteer in end of life care needs across the state

presented a workshop at the Public Health Palliative Care International Conference -
"Building a ComCom Approach: a practical guide"

educated to 248 health providers

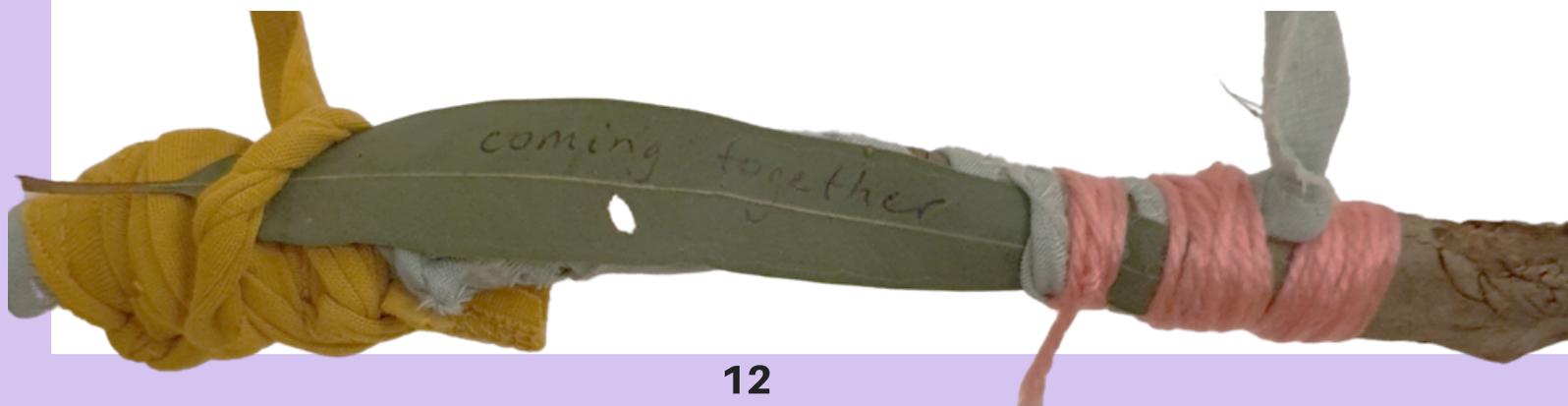
educated 339 community members



ran events attended by over 300 people in Advance Care Planning Week, Palliative Care Week, Dying 2 Know Day and unique offerings including "Life:Moving Exhibition", "Dia de los Muretos" functions.

created YouTube videos to help with Advance Care Planning, with 242 views to date

hosted international speaker Liese Groot-Alberts in two workshops for community and health service workers - 'Resilience' and "Compassion Fatigue and Burnout".





CONGRATULATIONS SIENNA
YOU HAVE RAISED
\$4555.80
Thank you

Resilience

volunteers and carers
people at the end of life

Liese Groot-Alberts

Join us to hear from this internationally renowned expert about how to care for yourself in the face of death, dying and grieving.

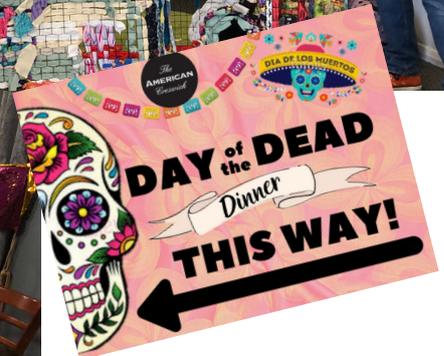
liesegrootalberts.com



Tues 26 Nov
11.45am

HANDSON LEARNING 

A program supported by Save the Children



Pictures Clockwise from top left

Sienna McLure,

Liese Groot-Alberts workshop,

Sally Le Guen Art Therapist,

Dios de Los Muertos dinner 2019,

Creswick Golf Club President Russell

Cartledge presenting a donation,

Creswick Primary School HOL team.

ACKNOWLEDGMENTS

There are always so many people to thank and we apologise if we have missed anyone

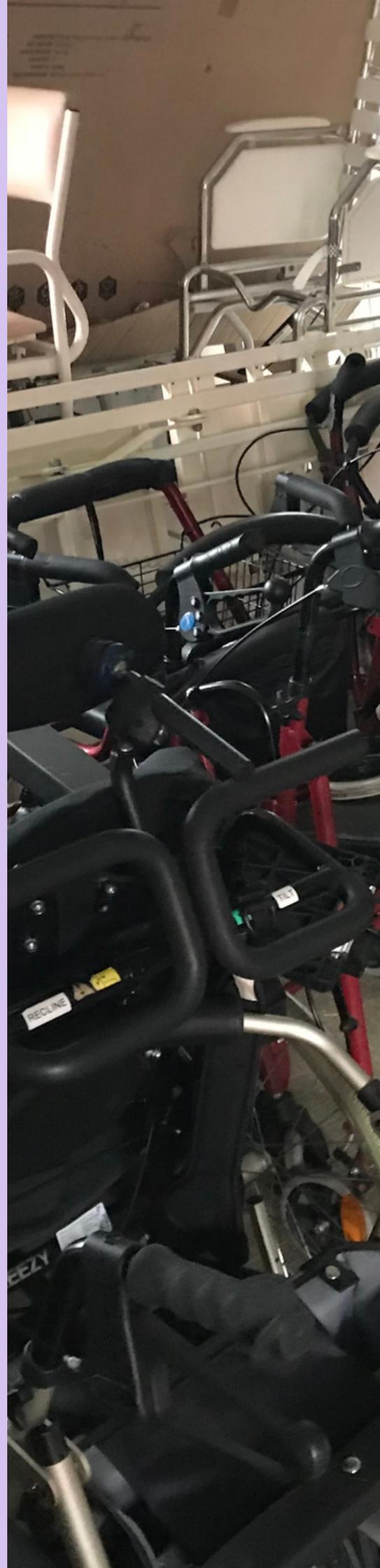
- Suzanne Cooke
- Nalina Phillips and Jo Dalton for their invaluable assistance in the growth stage of the charity
- Founding Director Dr Allison O'Neill
- Graeme Lees and Jenny Gregory from ATMP Services for all their social media support and advice
- For coordinating and managing volunteer activities during COVID lockdown, an extra special thanks to our volunteers Lorraine Parker, Alan Darrell and David Poole and family.
- All out volunteers and supporters for always supporting and encouraging us

Thank You

LOOKING TO THE FUTURE

We will continue the ongoing work in the areas of

- Individualised support for people and their families
- Training for communities and service providers
- Sensory Garden and Horticulture project
- Music Therapy
- Art Therapy
- Delivery of 'Essential Equipment Kits' to Lions Clubs and other interested groups
- Shannon's Pack creation and delivery to GPs
- Support of people who are or are at risk of homelessness
- Building the Compassionate Community approach nationally and internationally
- Working to improve access to palliative care for underserved populations including the homeless and correctional services members





HOW YOU CAN HELP

There are many ways you can assist
Contact us to have a chat.

Volunteering your time or skills

Make a donation, arrange a bequest,

Support an event or fundraising activity

Tell people about us if they need our help

Become a corporate partner

We have deductible gift recipient (DGR) status.

If you would like tax receipt
please send us an email with your details.

CONTACT

Shannon's Bridge Ltd, ABN 68 615 831 742
94 Albert Street, Creswick VIC 3363

0448 827 956

shannonsbridge@gmail.com
shannonsbridge.com

DONATIONS

gofundme.com/f/shannons-bridge-palliative-care

Shannon's Bridge Fundraising
BSB: 633 000
Account: 167556174



shannonsbridge.com

SHANNON'S
BRIDGE

shannonsbridge@gmail.com